

## Kindergarten Readiness

### PBS/WQED Resources

How to Prepare Your Child for a New School

[pbs.org/parents/thrive/how-to-prepare-your-child-for-a-new-school](https://pbs.org/parents/thrive/how-to-prepare-your-child-for-a-new-school)



WQED Created Kindergarten Readiness Resources

[pbslearningmedia.org/resource/kindergarten-readiness-resources/kindergarten-readiness-resources/](https://pbslearningmedia.org/resource/kindergarten-readiness-resources/kindergarten-readiness-resources/)



### Getting Ready for Kindergarten: Building Social-Emotional Skills

**Taking Turns:** Practice turn taking with children by using verbal cues (“my turn, your turn” or “first you, then me, now you, now me”) and timers to show how much time they will have to wait for their turn. You can use a timer, like on a phone or tablet, a kitchen timer, or a sand timer.

**Sharing is Caring:** Practice this skill by engaging together in cooperative or collaborative play, like building a block tower together or painting together using the same jar of paintbrushes (older children can join you in painting on the same page).

**Whole-Body Listening:** Playing Simon Says is a great way to help children practice listening and following directions. Try adding each element of whole-body listening into the game (“Elmo says... sit criss-cross on the floor, look at my face, use calm hands”).