



Heart of the Handy Helper

Time Needed: 20 Min

Materials Needed:

- Heart cut-out (below)
- crayons/markers
- yarn
- hole punch
- scissors
- pencil for each student

Procedures:

1. Explain to the class that Harper is hoping to help students become Handy Helpers!
2. For students to pass the test and be considered a “Handy Helper,” they must work as a TEAM to come up with ways they will help each other, the teacher, the school, and the community.
3. Have the class work as a TEAM and come up with at least 2 ways to help each other, the teacher, the school, and the community. Use the examples below to prompt, if needed. Write their answers on the board or on a shared document.
4. Once there is a nice list, give students a few minutes to write the idea they are going to use themselves to be a “Handy Helper” in the heart cut out and color it.
5. The heart can be hung around their necks to symbolize their commitment to being a Handy Helper! (*You can also opt to keep the heart as a worksheet and post them the school or have students take home*).

Examples:

Helping Each Other

- Play nicely at recess
- Share
- Say nice things to each other
- Take turns

Helping the School

- Follow school rules
- Pick up trash on the floor
- Sit quietly at lunch
- Be respectful to everyone in the school

Helping the Teacher

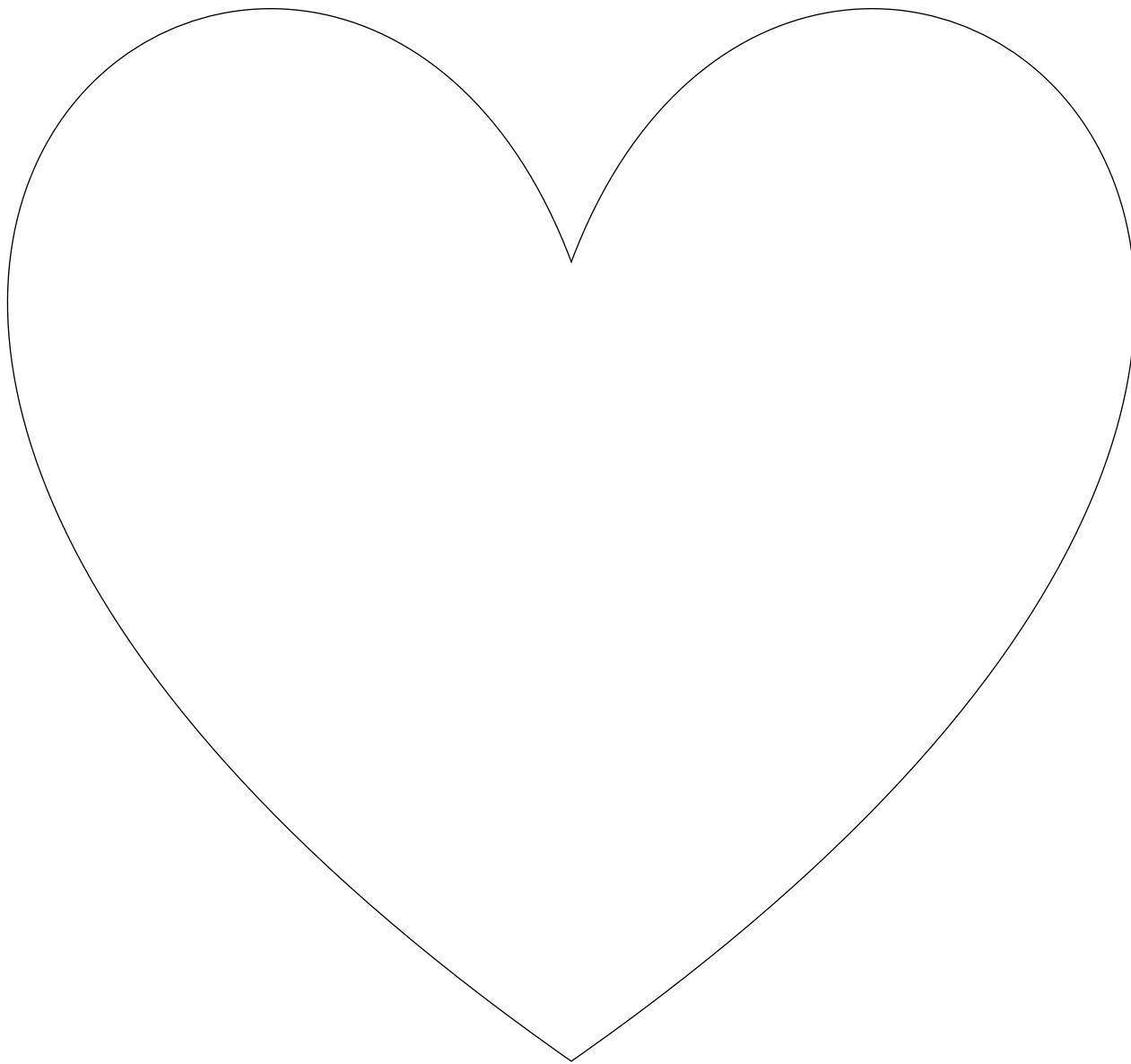
- Sit quietly when the teacher is talking
- Raise your hand when you have a question
- Follow the classroom rules
- Walk quietly in the hallway

Helping the Community

- Pick up litter
- Donate items to the needy
- Help with a community project
- Plant a tree
- Volunteer

Discussion Questions:

1. Why do you think it is important to help other people?
2. What are some ways you have seen your classmates help others?
3. How do you feel when you help others? How do you think others feel to receive help?





Resources

Heart of the Handy Helper | TEAMology

[Neighborhood Clean Up Interactive Story Book | Daniel Tiger's Neighborhood](#)
[Classroom Helpers Game | Daniel Tiger's Neighborhood](#)
[Bathtime Helper Game | Daniel Tiger's Neighborhood](#)

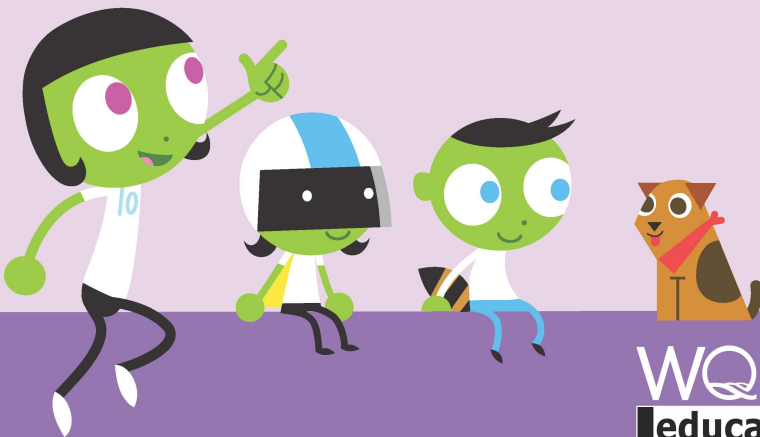
[Helping Others | Sesame Street](#)
[Helping in the Garden | Sesame Street](#)
[Murray Cleans Up Game | Sesame Street](#)
[Offering Comfort | Sesame Street in Communities](#)

[Be a Helper | Meet the Helpers](#)
[Meet the Helpers Video Collection](#)

[WQED Kindness Campaign](#) (see support materials for kindness bingo templates for kids and adults)
[A Kindness Tree](#)
[Kindness Bingo | PBS KIDS](#)
[Elmo Kindness Bingo](#)

[Make a "Coupon Book" of Helpful Gifts](#)
[Choosing Chores: Everyone Can Be a Helper](#)

[Being Kind Bingo: PreK and K | PBS KIDS](#)
[Being Kind Bingo: Grades 1 and 2 | PBS KIDS](#)



WQED
education



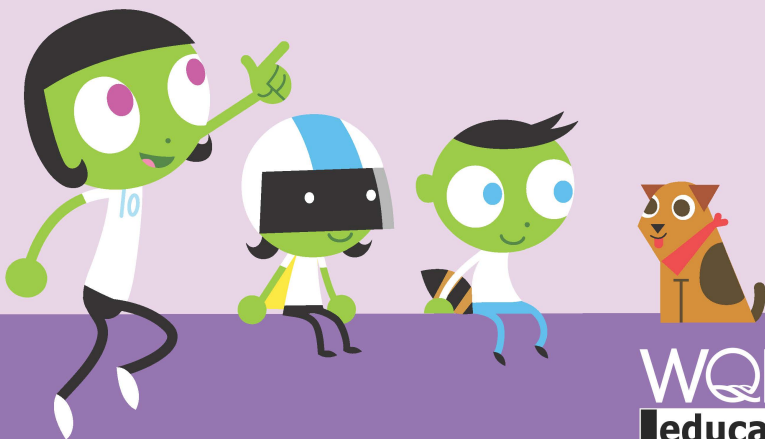
Resources

[Caring for Each Other: PreK and K | PBS KIDS](#)

[Caring for Each Other: Grades 1 and 2 | PBS KIDS](#)

[Encouraging Your Child to Become a "Helper" | PBS Parents](#)

[Work Together by Playing a Helping Game | PBS Parents](#)



WQED
education