

Gardening

Resources

Plant an Herb Garden
 www.pbs.org/parents/crafts-and-experiments/grow-an-herb-garden



- The Herb Garden Club: A Collection of Herbal Stories and Activities for Children of all Ages by Kathy Stevens
- The Yummy Alphabet Book: Herbs, Spices, and Other Natural Flavors by Jerry Pallotta

Extend the Moment

- o Talk about herbs you like to use at home.
- Invite your child into the kitchen- have them cook with you, try a new recipe with a new herb.
- Take a walk around the grocery store and smell the herbs, which ones does your child recognize.
- O Herbs are super easy to plant at home- can even be done on a windowsill, give it a try! Have your child make predictions about what will happen. Ask them to describe what the plants will look like in a day, a week, or a month. What color will they be and how tall will they grow?



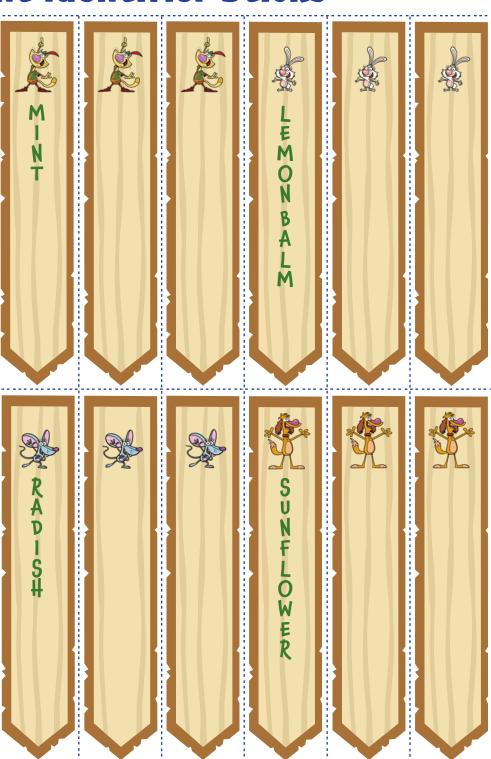




Plant Identifier Sticks

Print, cut out, laminate and distribute the following plant identifier sticks to your group of children as needed for the seeds they are planting.

You can use a permanent marker to write other plant names on the blank plant identifier sticks.



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